

2017 Heart O'Lakes Conference - 5/16/2017 to 5/17/2017 at Barnesville

Men - Team Rankings - 17 Events Scored

1)	Dilworth-Glyndon-Felton	176
2)	Perham	160
3)	Pelican Rapids	54
4)	Breckenridge	40
5)	Frazee	39
6)	Hawley/Ulen-Hitterdal*	38
7)	Thief River Falls	12
8)	Barnesville	7

Event 2 Boys 4x800 Meter Relay

PL	Name	Team	Mark
1	Perham A		8:41.86
2	Breckenridge A		8:44.75
3	Dilworth-Gly A		9:00.34
4	Frazee A		9:43.11
5	Barnesville A		10:58.11

Event 4 Boys 110 Meter Hurdles

1	Edeen, Ethan	12 Dilworth-Gly	15.62
2	Moser, Reid	12 Perham	15.90
3	Geifer, Joby	10 Frazee	16.58
4	Schwehr, Peyton	10 Dilworth-Gly	16.74
5	Rames, Jake	12 Dilworth-Gly	16.98
6	Scheidecker, Isaac	10 Perham	17.42
7	Johnson, Seth	11 Perham	17.62
8	Zenzen, Hunter	9 Barnesville	19.39
9	Snobl, Austin	10 Breckenridge	20.68

Event 6 Boys 100 Meter Dash

1	Ewen, Spencer	12 Dilworth-Gly	11.17
2	Haugrud, Carlan	11 Pelican Rapi	11.20
3	Young, Donovan	12 Pelican Rapi	11.90
4	Morgan, Jacob	9 Barnesville	11.94
5	Erdman, Dominic	11 Perham	11.99
6	Hughes, Chris	11 Frazee	12.16
7	Santos, Eduardo	11 Dilworth-Gly	12.27
8	Bakken, Kaden	8 Thief River	12.31
9	Halversen, Quentin	10 Frazee	12.34

Event 8 Boys 4x200 Meter Relay

1	Perham A	1:34.94
2	Dilworth-Gly A	1:38.01
3	Hawley/Ulen- A	1:39.45
4	Thief River Falls A	1:39.67
5	Frazee A	1:41.47
6	Breckenridge A	1:43.73

Event 10 Boys 1600 Meter Run

1	Kjelshus, Hunter	12 Perham	4:32.37
2	Speicher, Carson	11 Perham	4:34.19
3	Anderson, Clayton	10 Perham	4:43.37
4	Wilson, Daniel	11 Dilworth-Gly	4:47.22
5	Keeping, Cole	12 Hawley/Ulen-	4:57.16
6	Miller, Mike	11 Frazee	5:03.71
7	Lizakowski, Jayce	10 Thief River	5:04.74
8	Martinez, Habram	10 Pelican Rapi	5:11.95
9	Wilkie, Julian	12 Hawley/Ulen-	5:12.76

Event 12 Boys 4x100 Meter Relay

1	Pelican Rapids A	46.49
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2	Dilworth-Gly A	46.91
3	Perham A	47.10
4	Frazee A	47.56
5	Breckenridge A	48.70
6	Hawley/Ulen- A	50.23

Event 14 Boys 400 Meter Dash

1	Scheel, Garrett	12 Dilworth-Gly	52.57
2	Vetter, Jacob	10 Hawley/Ulen-	53.21
3	Wallace, Logan	11 Perham	53.47
4	Haugrud, Carson	11 Pelican Rapi	53.88
5	Hanson, Matt	12 Pelican Rapi	54.03
6	Siira, Adam	12 Perham	54.34
7	Boldingh, Charles	10 Breckenridge	55.81
8	Monson, Noah	11 Perham	55.93
9	Lubarski, Kody	9 Thief River	56.42

Event 16 Boys 300 Meter Hurdles

1	Moser, Reid	12 Perham	42.17
2	Edeen, Ethan	12 Dilworth-Gly	43.47
3	Rames, Jake	12 Dilworth-Gly	43.77
4	Schwehr, Peyton	10 Dilworth-Gly	43.78
5	Scheidecker, Isaac	10 Perham	45.46
6	Magnusson, Hunter	10 Hawley/Ulen-	45.87
7	Johnson, Seth	11 Perham	45.88
8	Geifer, Joby	10 Frazee	46.02
9	Zenzen, Hunter	9 Barnesville	47.01

Event 18 Boys 800 Meter Run

1	Wilson, Daniel	11 Dilworth-Gly	2:00.86
2	Speicher, Carson	11 Perham	2:03.51
3	Kjelshus, Hunter	12 Perham	2:04.51
4	Tjaden, Parker	11 Hawley/Ulen-	2:05.59
5	Belka, Chase	9 Perham	2:10.19
6	Taves, Dylan	10 Dilworth-Gly	2:11.61
7	Gowin, Sawyer	10 Breckenridge	2:15.13
8	Lizakowski, Jayce	10 Thief River	2:15.48
9	Randall, Michael	10 Breckenridge	2:16.78

Event 20 Boys 200 Meter Dash

1	Haugrud, Carlan	11 Pelican Rapi	23.12
2	Ewen, Spencer	12 Dilworth-Gly	23.63
3	LaFond, John	10 Perham	23.67
4	Bakken, Samuel	10 Breckenridge	23.88
5	Winter, Brady	9 Dilworth-Gly	24.37
6	Morgan, Jacob	9 Barnesville	24.67
7	Erdman, Dominic	11 Perham	24.97
8	Johnson, Ty	10 Thief River	24.98
9	Brown, Isaac	9 Perham	26.05

Event 22 Boys 3200 Meter Run

1	Anderson, Clayton	10 Perham	10:15.43
2	Gowin, Hunter	10 Breckenridge	10:15.90
3	O' Hara, Brandon	9 Perham	10:28.73
4	Haire, Zach	10 Breckenridge	10:30.73
5	Listrom, Nick	12 Perham	10:49.16
6	Dawson, Cade	9 Dilworth-Gly	10:58.72
7	Carlson, Christian	8 Frazee	11:05.70
8	Beck, Alex	8 Frazee	11:08.01
9	Smith, Collin	12 Thief River	11:16.90

Event 24 Boys 4x400 Meter Relay

1	Perham A	3:33.04
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2	Dilworth-Gly A	3:41.36
3	Hawley/Ulen- A	3:42.47
4	Pelican Rapids A	3:46.57
5	Frazee A	3:47.00
6	Breckenridge A	3:49.21
7	Thief River Falls A	3:56.12

Event 26 Boys High Jump

1	Edeen, Ethan	12	Dilworth-Gly	5-08.00
2	Poehls, Ryan	12	Dilworth-Gly	5-06.00
2	Courneya, Isaac	12	Frazee	5-06.00
4	Sytsma, Eli	10	Pelican Rapi	5-06.00
5	LeNoue, Jace	11	Breckenridge	5-06.00
6	Honer, Dawson	11	Perham	5-06.00
7	Listrom, Nick	12	Perham	5-04.00
8	Hornseth, Jonah	9	Thief River	5-02.00
8	Geifer, Joby	10	Frazee	5-02.00
8	Rames, Jake	12	Dilworth-Gly	5-02.00

Event 28 Boys Pole Vault

1	Scheel, Garrett	12	Dilworth-Gly	12-03.00
2	Peterson, Zach	12	Breckenridge	11-06.00
3	Dufault, Trevor	11	Dilworth-Gly	11-06.00
4	Johnson, Cole	9	Thief River	11-00.00
5	LaFond, Martin	11	Perham	11-00.00
6	Meyer, Mason	12	Breckenridge	10-04.00
7	Smith, Collin	12	Thief River	10-06.00
8	Rehder, Nate	10	Barnesville	10-00.00
9	Edeen, Ben	9	Dilworth-Gly	9-06.00

Event 32 Boys Long Jump

1	LaFond, Martin	11	Perham	21-01.00
2	Ewen, Spencer	12	Dilworth-Gly	20-02.50
3	LeNoue, Jace	11	Breckenridge	19-01.50
4	Haugrud, Carlan	11	Pelican Rapi	18-03.00
5	Johnson, Max	10	Breckenridge	17-11.00
6	Winter, Brady	9	Dilworth-Gly	17-09.00
7	Honer, Dawson	11	Perham	17-08.00
8	Schermerhorn, Tanner	11	Frazee	17-07.50
9	Zajac, Zack	11	Perham	17-02.50

Event 34 Boys Triple Jump

1	LaFond, Martin	11	Perham	41-04.00
2	Ewen, Spencer	12	Dilworth-Gly	40-06.00
3	Rames, Jake	12	Dilworth-Gly	39-11.50
4	LaFond, John	10	Perham	39-05.50
5	Miller, Mike	11	Frazee	39-00.50
6	Erdman, Dominic	11	Perham	37-00.50
7	Fleisher, Cole	9	Frazee	36-06.00
8	Johnson, Max	10	Breckenridge	34-09.00
9	Quick, Daniel	9	Thief River	34-05.50

Event 36 Boys Discus Throw

1	Macziewski, Hunter	11	Dilworth-Gly	134-00
2	Dufault, Trevor	11	Dilworth-Gly	129-04
3	Ellingson, Zach	12	Hawley/Ulen-	126-02
4	Anderson, Bryce	10	Dilworth-Gly	117-08
5	Kostynick, Colton	10	Perham	117-05
6	Santos, Anthony	12	Frazee	113-09
7	Haugrud, Carson	11	Pelican Rapi	112-10
8	Jobe, Kelby	12	Thief River	110-04
9	Fredericksen, Carter	10	Breckenridge	109-02

Event	38 Boys Shot Put		
1	Helmers, Vincent	10 Frazee	45-10.25
2	Jobe, Kelby	12 Thief River	45-03.25
3	Montplaisir, Cole	11 Dilworth-Gly	43-00.25
4	Ellingson, Zach	12 Hawley/Ulen-	42-08.00
5	Santos, Anthony	12 Frazee	41-08.75
6	Macziewski, Hunter	11 Dilworth-Gly	41-07.50
7	Dufault, Trevor	11 Dilworth-Gly	41-06.75
8	Courneya, Isaac	12 Frazee	40-01.00
9	Lee, Hunter	12 Breckenridge	38-01.00